

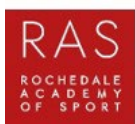


Rochedale Academy of Sport

Empowering Young Athletes to reach their potential



PROSPECTUS



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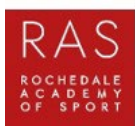
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SOUTH BRISBANE WOLVES VOLLEYBALL

Partnership with Rochedale State High School

This partnership was established in order to provide students within the Rochedale Academy of Sport (RAS) Volleyball program with a clear pathway for future volleyball endeavours outside and upon completion of school.

South Brisbane Wolves offer players opportunities to participate in high level competition such as Premier Volleyball League (PVL), Dragons Flaming Chalice and Club Championships. On top of that the club also offers students of high school level the opportunity to participate within Junior PVL.

South Brisbane Wolves would run an open program on a Friday afternoon utilising Rochedale's Facilities to provide a high level of coaching and development for all RAS students. RAS students would then be provided with trial dates for Junior PVL in order to connect them into further development opportunities.

Through the program's establishment the school would be showcased as students from outside the school will also be invited to attend the program. Having the program run out of Rochedale State High School will ensure students are being provided with more opportunities to successfully develop their skills within volleyball and access high level coaching at a reduced cost. This program provides South Brisbane Wolves high quality facilities at a reduced cost as we are providing an external coaching service that supplements the RAS program already established in the school. In turn this increase of skill development for RAS students will hopefully fill into South Brisbane Wolves teams as they enter in Brisbane's premier club competitions.

South Brisbane Wolves is the fastest growing volleyball club in Brisbane and have identified a significant need for development of students within the Southside area as no club currently participating within PVL has connected school students to club competition volleyball effectively.

South Brisbane Wolves wholeheartedly supports the partnership between your school and our club.

Cameron Gore
President



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Partnership with Southern Storm Touch Football Club (SSTFC)

This partnership with Southern Storm Touch Football Club was established in order to provide students within the Rochedale Academy of Sport (RAS) Touch program with a clear pathway for future touch football endeavours outside of school.

This partnership will offer players and teachers, opportunities to participate in high level competition, development clinics and access to a representative pathway and touch football opportunities. The partnership between Storm and the program run at Rochedale will ensure students are being provided with more opportunities to successfully develop their skill within touch and access high level coaching and representative opportunities and play competitive club level touch outside of school.

The partnership with Southern Storm, the biggest junior club in Queensland, would involve coaching clinics for teachers, development and skill workshops for students whilst utilising Rochedale's facilities. RAS students would then be provided with trial dates for junior touch competitions in order to connect them into further development opportunities and opportunity to play touch outside of school.

Southern Storm wholeheartedly supports the partnership between your school and our club.

Yours sincerely


Wayne Grant
President
Southern Storm Touch Football Club





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Rochedale Wildcats Basketball Club Inc.

rochedalewildcatsbasketball@gmail.com

Partnership with Rochedale Wildcats Basketball Club (RWBC)

A partnership with the Rochedale Wildcats Basketball Club Inc. has been established to provide students of the Rochedale SHS Academy of Sport (RAS) Basketball Program with a clear pathway for future basketball endeavours outside of school.

This partnership with the Rochedale Wildcats Basketball Club offers players opportunities to participate in high - level competitions, coaching clinics and access to representative pathways.

The Rochedale Wildcats participate in the South West Metro Pirates junior basketball competition. This club level competition potentially leads to selection in the Southwest Metro Pirates BQJBC representative teams with further opportunities for selection in state level pathways and teams. RAS students would be provided with trial dates in order to connect them into further development squads and opportunities to play basketball outside of school.

The partnership with Rochedale Wildcats, based at one of Rochedale SHS's feeder schools - Rochedale State School, would involve coaching clinics for teachers, development and skill workshops for students whilst utilising Rochedale's SHS facilities.

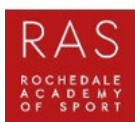
The Rochedale Wildcats Basketball Club Inc. enthusiastically supports the partnership between RAS Basketball and our club.

Yours sincerely

Rob Timms

President

Rochedale Wildcats Basketball Club Inc.



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MISSION

Empowering young athletes to reach their potential

AIM

The aim of the Rochedale Academy of Sport is to provide students with the opportunity to develop their potential along the elite pathway of Basketball, Netball, Touch Football or Volleyball whilst maintaining their performance in academic studies.

We aim to provide students with quality coaching and feedback on their development within the school environment and allow students access and opportunities to compete in elite competitions across South-East Queensland. Including:

Touch Football

- Touch Football All School's Competition
- STL (School's Touch League)
- Brisbane All Schools

Volleyball

- Volleyball Queensland School's Cup
- PVL and JPVL (Premier Volleyball League and Junior Volleyball League)
- SVL (School's Volleyball League)

Basketball

- School Premier League Basketball
- Champion Basketball School Queensland

Netball

- INFQ Championships
- Super 7
- Viki Wilson Cup

All

- District and representative opportunities
- Interschool Sport

ACTIVITY

To fulfil our aim, students within the Academy will participate in competitions beyond South District sport.

To prepare for high-level competitions teams will train as part of the school curriculum and as an extra-curricular activity. Regular training session during lunch breaks, before and after school will also enable the development of the athletes. Teams may also attend strength and conditioning sessions as part of their training program.

Empowering young athletes also requires off field preparation. Therefore, Gala days are incorporated to develop the physical and mental attributes of the athletes. The events may focus on developing; team building skills, understandings of nutrition, individual and team skills and strategies and leadership capacity.



Structure

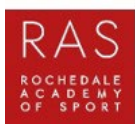
The Head of Department of Health and Physical Education will oversee the Academy. A director leads each sport within the academy, along with a dedicated coaching team.

Head of Department			
Cory Thompson			
RAS Directors			
Touch Football	Basketball	Netball	Volleyball
Blake Fowke	Phil Hourigan	Nathan Smith	Cameron Gore
Coaching Team			
Touch Football	Basketball	Netball	Volleyball
David Crase	Adrian Lenarduzzi	Rachel Hewitt	John Baxter
Shane Somerville	Lisa Mulder	Luana Davidson	Jack Blyth
Sarah Coleman	Carla Bonato	Kathryn Corbet	Cassie Hale
Matt Kingi	Matt Kingi	Maddy Vagne	
	Michael Jackson	Hailey Leggatt	
	Rob Timms	Sandii Zylstra	

COACHING CAPACITY

RAS Directors all hold minimum level 1 coaching accreditations in their field, alongside extensive experience. To maintain the level of experience of staff at Rochedale and within the Academy, staff selected will have the ability to coach or a desire to develop skills in coaching and provided opportunities to complete accreditations at multiple levels.

The Academy will foster relationships with local feeder schools to include basketball, touch football and volleyball within their programs and to provide professional development for HPE and other staff to develop their skills in delivering programs.



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PATHWAYS

The Rochedale Academy of Sport has links to clubs for all sports

VOLLEYBALL

South Brisbane Wolves offers players opportunities to participate in high-level competition such as Premier Volleyball League (PVL) and Dragon's Flaming Chalice. As well, the club also offers students of high school level the opportunity to participate within Junior PVL.

SBWVC run an open program on a Friday afternoon utilising Rochedale's facility to provide a high level of coaching and development for all RAS students. RAS students can access trial dates for Junior PVL in order to connect them into further development opportunities.



Australian School's Cup Volleyball 2019

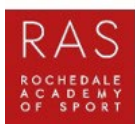
TOUCH FOOTBALL

Southern Storm Touch Club, the biggest junior club in Queensland, offers players opportunities to participate in high-level competition such as Metro Cup League and pathways to Brisbane City Cobras, Queensland Touch and Touch football Australia.

Southern Storm Touch Club would run programs utilising Rochedale's facilities to provide a high level of coaching and development for all RAS students. Southern Storm has coaches who are currently in the Australian and Queensland touch programs.

BASKETBALL

The RAS basketball program has developed a formal relationship with our local club, the Rochedale Wildcats. This club level competition potentially leads to selection in the Southwest Metro Pirates who compete in the Basketball Queensland Junior Basketball Competition (BQJBC). The Pirates compete in the Premier League, Southern Cup, Challenge Cup or Development Cup. This pathway also offers players opportunities for selection in state level competition.



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SELECTION

Applicants complete a form at the enrolment interview. Applicants attend trials to assess their suitability to play. Successful applicants receive an acceptance letter. Applicants and their parents/carers must sign an enrolment agreement form to indicate their understanding of student and family requirements. A 'stages of removal' process occurs where students and/or families are unable to meet their requirements.

REQUIREMENTS

Applicants must be of an acceptable standard across effort, behaviour and their sporting ability.

REQUIREMENTS OF STUDENTS

- Attend all allocated training sessions
- Strive to develop as a player both as a team member and as an individual
- Maintain suitable levels of effort and behaviour
- Be available to attend competitions and camps nominated by the Academy

REQUIREMENTS OF FAMILIES

- Support the attendance at allocated training sessions
- Assist in the development of players by reinforcing expectations
- Support the attendance of students at competitions nominated by the Academy
- Provide financial support for schooling and academy to enable participation within the Academy

SELECTION GUIDELINES

- Applications will close on the nominated date each year.
- Suitable applicants will be shortlisted and trialled by RAS staff during a trial period
- Final selection will be made using information gained from the trial and application material
- Final approval of applicants will be at the discretion of the Principal based on the recommendations from the appropriate sport director
- Student enrolled at RSHS who miss out on RAS selection will be able to re-trial at the start of the interschool sport season
- Late applications will be considered under special circumstances (e.g. new arrivals to RSHS midyear)
- A condition of acceptance is that students and parents sign a contract relating to effort and behaviour as well as other academy expectations
- Failure to meet RSHS and RAS standards may result in withdrawal from the Academy
- A student can participate in more than one sport. If there is a clash of events for sports, the student is obliged to attend the first preference sport. The first preference is indicated within the Academy List spreadsheet.



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PROGRAM COSTS

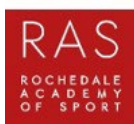
The cost for the RAS is a tier system. All RAS members are on the Red Tier. The cost is \$30, payable upon enrolment each year. This covers the cost of training equipment.

Upon selection to represent Rochedale SHS, members move to the Blue Tier. RAS issues invoices to families to cover the cost of participation in individual competition/s members attend. Therefore, total cost per student can vary dependant on the number/type of competitions attended.

The table below is an **indication of possible fees** for each sport at each year level.

<i>BLUE tier</i>	<i>Sport – Maximum cost (dependent on number/type of competitions)</i>			
<i>Year level</i>	<i>Basketball</i>	<i>Netball</i>	<i>Touch Football</i>	<i>Volleyball</i>
7	\$180	\$80	\$100	\$100
8	\$180	\$80	\$100	\$100
9	\$180	\$80	\$100	\$100
10	\$180	\$80	\$100	\$100
11	\$180	\$80	\$100	\$100
12	\$180	\$80	\$100	\$100
Uniform	\$130	\$85	\$105	\$105

Please note: Students selected in the Australian School Cup for Volleyball would incur an additional \$230 cost for the event. Students selected for additional competitions across multiple age groups may also incur additional costs



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UNIFORM COSTS

RAS Uniforms can be obtained at the school uniform shop during the annual uniform fittings and are also available throughout the year. Please note that uniform prices may undergo changes on a yearly basis.

MINIMUM COMPULSORY ITEMS REQUIRED PER SPORT

TOUCH

- 1 X TEE OR SINGLET
- 1 X SHORTS OR TIGHTS
- 1 X CREW SOCKS

BASKETBALL

- 1 X JERSEY
- 1 X BASKETBALL SHORTS
- 1 X CREW SOCKS

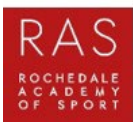
VOLLEYBALL

- 1 X TEE
- 1 X SHORTS OR TIGHTS
- 1 X CREW SOCKS

NETBALL

- 1 X DRESS
- 1 X TIGHTS
- 1 X CREW SOCKS

2024 PRICING		
SPORT & ITEM	OPTIONS	PRICE
TOUCH OR VOLLEYBALL TEE	Men's or Ladies	\$45
TOUCH SINGLET	Men's or Ladies	\$45
SHORT LENGTH SHORTS	Unisex	\$45
MID LENGTH SHORTS	Unisex	\$45
TIGHTS (BIKE PANTS)	Ladies only	\$40
CREW SOCKS	Unisex	\$15
BASKETBALL REVERSABLE JERSEY	Men's or Ladies	\$70
BASKETBALL SHORTS	Unisex	\$45
NETBALL DRESS	Ladies only	\$70
NETBALL TEE	Ladies	\$45



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